



Harwich Runners Juniors 1 Mile Handicap Series 2024

Race 4 – Tuesday 10th July 2024 @ 19:20

Finish Positions (Finish Clock)

Pos	No	First Name	Surname	Club	Age	Points	Finish Clock	Pace / Run Time
1	246	Alarna	Poston	Harwich Runners	4	100	10:59	10:59
2	203	Martha	Knott	Harwich Runners	4	99	11:08	11:02
3	229	Wren	Tovey	Harwich Runners	10	98	11:16	07:41
4	219	Alice	Flatt	Harwich Runners	10	97	11:19	07:41
5	177	Orlaith	Hallahan	CATS	124	96	11:27	07:10
6	233	Ronni	Townsend	CATS	9	95	11:30	06:22
7	232	Harry	Almond	Harwich Runners	124	94	11:32	06:44
8	238	Henry	Gooding-Matthews		10	93	11:35	08:09
9	249	Joel	Barnard	Harwich Runners	8	92	11:37	07:37
10	210	Mason	Partridge	CATS	11	91	11:37	06:18
11	226	Florence	Massey	Harwich Runners	124	90	11:38	09:10
12	212	Charlie	Roxby-Clarke	Harwich Runners	8	89	11:40	06:36
13	211	Mia	Lawes	CATS	12	88	11:41	05:32
14	205	Darcey	Smith	Harwich Runners	8	87	11:42	06:58
15	223	Meabh	O'Dea	Harwich Runners	9	86	11:44	08:38
16	213	Ivy-Rose	Hallahan	CATS	124	85	11:44	06:33
17	237	Elijah	Barnard	Harwich Runners	12	84	11:45	07:06
18	225	Caitlin	Harrison	Harwich Runners	12	83	11:46	07:49
19	215	Isabelle	Race	Harwich Runners	10	82	11:47	06:53
20	248	Harrison	Cumner	Colchester Harriers	14	81	11:51	05:16
21	202	Leo	Knott	Harwich Runners	7	80	11:53	08:02
22	244	Albie	Sperry		10	79	11:56	06:47
23	224	Aoibheann	O'Dea	Harwich Runners	11	78	11:58	08:57
24	217	Poppy	Tilley	Harwich Runners	13	77	11:59	06:01
25	228	Nancy	Garner	Harwich Runners	11	76	12:00	06:57
26	239	Harry	Tyrrell	Harwich Runners	14	75	12:01	06:38
27	227	Finn	Massey	Harwich Runners	10	74	12:02	08:37
28	245	Pheobe	Poston	Harwich Runners	8	73	12:03	08:12
29	231	Jude	Lynch	Harwich Runners	12	72	12:06	06:50
30	234	Kirsten	Townsend	CATS	9	71	12:06	06:51
31	236	Indigo	Morrison	Harwich Runners	9	70	12:13	08:16
32	221	Finley	Higgs	Harwich Runners	8	69	12:13	07:47
33	250	Nainsi	Hallahan	CATS	7	68	12:19	10:20
34	230	Isaac	Tovey	Harwich Runners	12	67	12:32	07:56
35	241	Audrey	Tyrrell	Harwich Runners	12	66	12:36	08:43
36	243	Archer	Sperry		12	65	12:40	08:09
37	222	Ralphy	Raffle	Harwich Runners	9	64	12:44	08:51
38	214	Abigail	Race	Harwich Runners	6	63	13:08	10:07

Pace Positions (Pace / Run Time Order)

Pos	No	First Name	Surname	Club	Age	Points	Finish Clock	Pace / Run Time
20	248	Harrison	Cumner	Colchester Harriers	14	81	11:51	05:16
13	211	Mia	Lawes	CATS	12	88	11:41	05:32
24	217	Poppy	Tilley	Harwich Runners	13	77	11:59	06:01
10	210	Mason	Partridge	CATS	11	91	11:37	06:18
6	233	Ronni	Townsend	CATS	9	95	11:30	06:22
16	213	Ivy-Rose	Hallahan	CATS	11	85	11:44	06:33
12	212	Charlie	Roxby-Clarke	Harwich Runners	8	89	11:40	06:36
26	239	Harry	Tyrrell	Harwich Runners	14	75	12:01	06:38
7	232	Harry	Almond	Harwich Runners	14	94	11:32	06:44
22	244	Albie	Sperry		10	79	11:56	06:47
29	231	Jude	Lynch	Harwich Runners	12	72	12:06	06:50
30	234	Kirsten	Townsend	CATS	9	71	12:06	06:51
19	215	Isabelle	Race	Harwich Runners	10	82	11:47	06:53
25	228	Nancy	Garner	Harwich Runners	11	76	12:00	06:57
14	205	Darcey	Smith	Harwich Runners	8	87	11:42	06:58
17	237	Elijah	Barnard	Harwich Runners	12	84	11:45	07:06
5	177	Orlaith	Hallahan	CATS	9	96	11:27	07:10
9	249	Joel	Barnard	Harwich Runners	8	92	11:37	07:37
3	229	Wren	Tovey	Harwich Runners	10	98	11:16	07:41
4	219	Alice	Flatt	Harwich Runners	10	97	11:19	07:41
32	221	Finley	Higgs	Harwich Runners	8	69	12:13	07:47
18	225	Caitlin	Harrison	Harwich Runners	12	83	11:46	07:49
34	230	Isaac	Tovey	Harwich Runners	12	67	12:32	07:56
21	202	Leo	Knott	Harwich Runners	7	80	11:53	08:02
8	238	Henry	Gooding-Matthews		10	93	11:35	08:09
36	243	Archer	Sperry		12	65	12:40	08:09
28	245	Pheobe	Poston	Harwich Runners	8	73	12:03	08:12
31	236	Indigo	Morrison	Harwich Runners	9	70	12:13	08:16
27	227	Finn	Massey	Harwich Runners	10	74	12:02	08:37
15	223	Meabh	O'Dea	Harwich Runners	9	86	11:44	08:38
35	241	Audrey	Tyrrell	Harwich Runners	12	66	12:36	08:43
37	222	Ralph	Raffle	Harwich Runners	9	64	12:44	08:51
23	224	Aoibheann	O'Dea	Harwich Runners	11	78	11:58	08:57
11	226	Florence	Massey	Harwich Runners	7	90	11:38	09:10
38	214	Abigail	Race	Harwich Runners	6	63	13:08	10:07
33	250	Nainsi	Hallahan	CATS	7	68	12:19	10:20
1	246	Alarna	Poston	Harwich Runners	4	100	10:59	10:59
2	203	Martha	Knott	Harwich Runners	4	99	11:08	11:02

Note: Handicaps will be revised, based on this set of results, for the 2nd and subsequent races in the series.

Current Standings (Points Order)

Pos	First Name	Surname	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Totals	Final (Best 4)
1	Joel	Barnard	Harwich Runners	98	97	96	84	0	291	291
2	Mason	Partridge	CATS	99	95	93	91	0	287	287
3	Henry	Gooding-Matthews	Harwich Runners	95	92	82	93	0	269	269
4	Alana	Poston	Harwich Runners	100	94	67	100	0	261	261
5	Poppy	Tilley	Harwich Runners	87	89	83	77	0	259	259
6	Nancy	Garner	Harwich Runners	92	85	79	76	0	256	256
7	Pheobe	Poston	Harwich Runners	97	88	71	73	0	256	256
8	Audrey	Tyrrell	Harwich Runners	80	90	77	66	0	247	247
9	Elijah	Barnard	Harwich Runners	89	87	70	92	0	246	246
10	Kirsten	Townsend	CATS	90	80	75	71	0	245	245
11	Jude	Lynch	Harwich Runners	79	74	91	72	0	244	244
12	Abigail	Race	Harwich Runners	75	71	97	63	0	243	243
13	Finley	Higgs	Harwich Runners	78	91	72	69	0	241	241
14	Indigo	Morrison	Harwich Runners	74	79	85	70	0	238	238
15	Caitlin	Harrison	Harwich Runners	77	72	88	83	0	237	237
16	Isaac	Tovey	Harwich Runners	64	82	89	67	0	235	235
17	Ronni	Townsend	CATS	85	75	74	95	0	234	234
18	Aoibheann	O'Dea	Harwich Runners	82	76	68	78	0	226	226
19	Oliver	Scrivener	Harwich Runners	84	63	78	0	0	225	225
20	Harry	Tyrrell	Harwich Runners	72	68	81	75	0	221	221
21	Isabelle	Race	Harwich Runners	69	64	86	82	0	219	219
22	Georgia	Coyles	Harwich Runners	70	63	84	0	0	217	217
23	Finn	Massey	Harwich Runners	73	65	76	74	0	214	214
24	Martha	Knott	Harwich Runners	0	100	100	99	0	200	200
25	Wren	Tovey	Harwich Runners	63	67	69	98	0	199	199
26	Leo	Knott	Harwich Runners	0	99	98	80	0	197	197
27	Meabh	O'Dea	Harwich Runners	66	61	66	86	0	193	193
28	Orlaith	Hallahan	CATS	0	93	95	96	0	188	188
29	Harrison	Cumner	Colchester Harriers	86	0	94	81	0	180	180
30	Ivy-Rose	Hallahan	CATS	0	86	87	85	0	173	173
31	Nainsi	Hallahan	CATS	0	73	99	68	0	172	172
32	Darcey	Smith	Harwich Runners	0	81	90	87	0	171	171
33	Eliza	Smith	Harwich Runners	0	78	92	0	0	170	170
34	Harry	Almond	Harwich Runners	93	69	0	94	0	162	162
35	Charlie	Roxby-Clarke	Harwich Runners	88	0	73	89	0	161	161
36	Mia	Lawes	CATS	81	77	0	88	0	158	158
37	Florence	Massey	Harwich Runners	76	70	0	90	0	146	146
38	Alice	Flatt	Harwich Runners	65	0	80	97	0	145	145
39	Ralphie	Raffle	Harwich Runners	83	60	0	64	0	143	143
40	Iris	Morrison	Harwich Runners	67	66	0	0	0	133	133
41	Shaydoin	Higgon-Williams		0	98	0	0	0	98	98
42	Riley	Higgon-Williams		0	96	0	0	0	96	96
43	Eva	Law	Harwich Runners	96	0	0	0	0	96	96
44	Albie	Sperry		94	0	0	79	0	94	94
45	Elizabeth	Whall	Colchester Rovers	91	0	0	0	0	91	91
46	Cooper	Higgs		0	84	0	0	0	84	84
47	Dixie	Raffle	Harwich Runners	0	83	0	0	0	83	83
48	Archer	Sperry		71	0	0	65	0	71	71
49	Emily	Tyrrell	Harwich Runners	68	0	0	0	0	68	68

Note: Best 4 points totals count toward the final total for the series.

Performance Analysis (Alphabetical Order)

Number	First Name	Surname	Club	Age	Predicted Time	May 7th	May 28th	June 18th	July 9th	July 30th	Slowest	Fastest	Disparity
232	Harry	Almond	Harwich Runners	14	06:58	06:25	07:03		06:44		07:03	06:44	00:19
237	Elijah	Barnard	Harwich Runners	12	07:33	07:07	07:16	07:44	07:06		07:44	07:06	00:38
249	Joel	Barnard	Harwich Runners	8	09:00	08:09	08:12	07:46	07:20		09:00	07:20	01:40
216	Georgia	Coyles	Harwich Runners	10	07:00	07:04	07:25	07:07		✓	07:25	07:00	00:25
248	Harrison	Cunner	Colchester Harriers	14	05:30	05:01		05:11	05:16	✓	05:30	05:11	00:19
219	Alice	Flatt	Harwich Runners	10	08:08	08:32		08:24	07:41		08:32	07:41	00:51
228	Nancy	Garner	Harwich Runners	11	06:59	06:27	06:46	06:43	06:57		06:59	06:27	00:32
238	Henry	Gooding-Matthews		10	09:00	08:20	08:29	08:31	08:09		09:00	08:09	00:51
213	Ivy-Rose	Hallahan	CATS	11	06:50		06:35	06:36	06:33		06:50	06:33	00:17
250	Nainsi	Hallahan	CATS	7	10:27		10:27	09:47	10:20		10:27	09:47	00:40
177	Orlaith	Hallahan	CATS	9	08:23		07:49	07:29	07:10		08:23	07:10	01:13
225	Caitlin	Harrison	Harwich Runners	12	07:55	07:48		07:49	07:49		07:55	07:48	00:07
208	Riley	Higgon-Williams		10	09:30		08:43				09:30	08:43	00:47
209	Shaydoin	Higgon-Williams		11	09:30		08:37				09:30	08:37	00:53
204	Cooper	Higgs		10	08:00		07:47				08:00	07:47	00:13
221	Finley	Higgs	Harwich Runners	8	07:48	07:38	07:20	07:49	07:47	✓	07:49	07:20	00:29
202	Leo	Knott	Harwich Runners	7	09:30		08:29	07:55	08:02		09:30	07:55	01:35
203	Martha	Knott	Harwich Runners	4	15:00		13:27	11:40	11:02		15:00	11:02	03:58
242	Eva	Law	Harwich Runners	13	07:35	06:53					07:35	06:53	00:42
211	Mia	Lawes	CATS	12	05:42	05:18	05:37		05:32		05:42	05:32	00:10
231	Jude	Lynch	Harwich Runners	12	06:42	06:22	06:48	06:30	06:50		06:50	06:30	00:20
227	Finn	Massey	Harwich Runners	10	08:21	08:22	08:36	08:39	08:37		08:39	08:21	00:18
226	Florence	Massey	Harwich Runners	7	09:23	09:18	09:26		09:10		09:26	09:18	00:08
236	Indigo	Morrison	Harwich Runners	9	07:55	07:54	07:49	07:55	08:16		08:16	07:49	00:27
235	Iris	Morrison	Harwich Runners	11	09:15	09:29	09:29				09:29	09:15	00:14
224	Aoiðheann	O'Dea	Harwich Runners	11	09:01	08:45	08:57	09:57	08:57	✓	09:57	08:45	01:12
223	Meabh	O'Dea	Harwich Runners	9	08:24	08:40	08:58	10:28	08:38		08:58	08:24	00:34
210	Mason	Partridge	CATS	11	07:23	06:31	06:44	06:27	06:18		07:23	06:18	01:05
246	Alarna	Poston	Harwich Runners	4	15:00	12:23	11:46	13:23	10:59		15:00	10:59	04:01
245	Pheobe	Poston	Harwich Runners	8	08:38	07:55	08:20	08:27	08:12		08:38	07:55	00:43
214	Abigail	Race	Harwich Runners	6	09:23	09:19	09:26	08:45	10:07		10:07	08:45	01:22
215	Isabelle	Race	Harwich Runners	10	06:57	06:52	07:15	07:02	06:53		07:15	06:53	00:22
207	Dixie	Raffle	Harwich Runners	7	08:12		08:00			✓	08:12	08:00	00:12
222	Ralph	Raffle	Harwich Runners	9	08:12	07:53	09:03		08:51		09:03	07:53	01:10
212	Charlie	Roxby-Clarke	Harwich Runners	8	07:07	06:42		07:08	06:36	✓	07:08	06:36	00:32
220	Oliver	Scrivener	Harwich Runners	10	06:47	06:18	07:09	07:04			07:09	07:04	00:05
205	Darcey	Smith	Harwich Runners	8	07:21		07:10	07:02	06:58		07:21	06:58	00:23
206	Eliza	Smith	Harwich Runners	11	06:49		06:44	06:29			06:49	06:29	00:20
244	Albie	Sperry		10	07:15	06:37			06:47		07:15	06:47	00:28
243	Archer	Sperry		12	07:15	07:19			08:09		08:09	07:19	00:50
218	Frank	Tilley		5	11:32						00:00	00:00	00:00
217	Poppy	Tilley	Harwich Runners	13	06:19	05:47	05:48	05:58	06:01	✓	06:19	05:48	00:31
230	Isaac	Tovey	Harwich Runners	12	07:23	07:47	07:11	07:10	07:56		07:47	07:56	00:09
229	Wren	Tovey	Harwich Runners	10	07:33	08:31	07:43	08:11	07:41		08:31	07:33	00:58
234	Kirsten	Townsend	CATS	9	07:01	06:31	06:51	06:50	06:51		07:01	06:50	00:11
233	Ronni	Townsend	CATS	9	06:40	06:10	06:36	06:32	06:22		06:40	06:22	00:18
241	Audrey	Tyrrell	Harwich Runners	12	08:20	08:07	07:53	07:53	08:43		08:43	07:53	00:50
240	Emily	Tyrrell	Harwich Runners	10	09:07	09:17					09:17	09:07	00:10
239	Harry	Tyrrell	Harwich Runners	14	06:30	06:23	06:39	06:44	06:38		06:44	06:38	00:06
247	Elizabeth	Whall	Colchester Rovers	12	06:38	05:58					06:38	05:58	00:40

Note: The times below 7min/miles in the first race have been discounted as we believe there may have been errors made in timing (apologies).