



Harwich Runners Juniors 1 Mile Handicap Series 2024

Race 3 – Tuesday 18th June 2024 @ 19:20

Finish Positions (Finish Clock)

Pos	No	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
1	203	Martha	Knott	Harwich Runners	100	4	11:40	11:40
2	250	Nainsi	Hallahan	CATS	99	7	12:47	09:47
3	202	Leo	Knott	Harwich Runners	98	7	12:53	07:55
4	214	Abigail	Race	Harwich Runners	97	6	12:53	08:45
5	249	Joel	Barnard	Harwich Runners	96	8	13:04	07:46
6	177	Orlaith	Hallahan	CATS	95	9	13:07	07:29
7	248	Harrison	Cumner	Colchester Harriers	94	14	13:08	05:11
8	210	Mason	Partridge	CATS	93	11	13:10	06:27
9	206	Eliza	Smith	Harwich Runners	92	11	13:12	06:29
10	231	Jude	Lynch	Harwich Runners	91	12	13:15	06:30
11	205	Darcey	Smith	Harwich Runners	90	8	13:19	07:02
12	230	Isaac	Tovey	Harwich Runners	89	12	13:26	07:10
13	225	Caitlin	Harrison	Harwich Runners	88	12	13:28	07:49
14	213	Ivy-Rose	Hallahan	CATS	87	11	13:28	06:36
15	215	Isabelle	Race	Harwich Runners	86	10	13:32	07:02
16	236	Indigo	Morrison	Harwich Runners	85	9	13:33	07:55
17	216	Georgia	Coyles	Harwich Runners	84	10	13:34	07:07
18	217	Poppy	Tilley	Harwich Runners	83	13	13:38	05:58
19	238	Henry	Gooding-Matthews		82	10	13:38	08:31
20	239	Harry	Tyrrell	Harwich Runners	81	14	13:41	06:44
21	219	Alice	Flatt	Harwich Runners	80	10	13:43	08:24
22	228	Nancy	Garner	Harwich Runners	79	11	13:43	06:43
23	220	Oliver	Scrivener	Harwich Runners	78	10	13:44	07:04
24	241	Audrey	Tyrrell	Harwich Runners	77	12	13:45	08:11
25	227	Finn	Massey	Harwich Runners	76	10	13:45	08:39
26	234	Kirsten	Townsend	CATS	75	9	13:46	06:50
27	233	Ronni	Townsend	CATS	74	9	13:49	05:29
28	212	Charlie	Roxby-Clarke	Harwich Runners	73	8	13:53	07:08
29	221	Finley	Higgs	Harwich Runners	72	8	13:56	07:49
30	245	Pheobe	Poston	Harwich Runners	71	8	13:59	08:27
31	237	Elijah	Barnard	Harwich Runners	70	12	14:04	07:44
32	229	Wren	Tovey	Harwich Runners	69	10	14:05	08:11
33	224	Aoibheann	O'Dea	Harwich Runners	68	11	14:27	09:57
34	246	Alarna	Poston	Harwich Runners	67	4	15:04	13:23
35	223	Meabh	O'Dea	Harwich Runners	66	9	15:31	10:28

Pace Positions (Pace / Run Time Order)

Pos	No	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
7	248	Harrison	Cumner	Colchester Harriers	94	14	13:08	05:11
27	233	Ronni	Townsend	CATS	74	9	13:49	05:29
18	217	Poppy	Tilley	Harwich Runners	83	13	13:38	05:58
8	210	Mason	Partridge	CATS	93	11	13:10	06:27
9	206	Eliza	Smith	Harwich Runners	92	11	13:12	06:29
10	231	Jude	Lynch	Harwich Runners	91	12	13:15	06:30
14	213	Ivy-Rose	Hallahan	CATS	87	11	13:28	06:36
22	228	Nancy	Garner	Harwich Runners	79	11	13:43	06:43
20	239	Harry	Tyrrell	Harwich Runners	81	14	13:41	06:44
26	234	Kirsten	Townsend	CATS	75	9	13:46	06:50
11	205	Darcey	Smith	Harwich Runners	90	8	13:19	07:02
15	215	Isabelle	Race	Harwich Runners	86	10	13:32	07:02
23	220	Oliver	Scrivener	Harwich Runners	78	10	13:44	07:04
17	216	Georgia	Coyles	Harwich Runners	84	10	13:34	07:07
28	212	Charlie	Roxby-Clarke	Harwich Runners	73	8	13:53	07:08
12	230	Isaac	Tovey	Harwich Runners	89	12	13:26	07:10
6	177	Orlaith	Hallahan	CATS	95	9	13:07	07:29
31	237	Elijah	Barnard	Harwich Runners	70	12	14:04	07:44
5	249	Joel	Barnard	Harwich Runners	96	8	13:04	07:46
13	225	Caitlin	Harrison	Harwich Runners	88	12	13:28	07:49
29	221	Finley	Higgs	Harwich Runners	72	8	13:56	07:49
3	202	Leo	Knott	Harwich Runners	98	7	12:53	07:55
16	236	Indigo	Morrison	Harwich Runners	85	9	13:33	07:55
32	229	Wren	Tovey	Harwich Runners	69	10	14:05	08:11
24	241	Audrey	Tyrrell	Harwich Runners	77	12	13:45	08:11
21	219	Alice	Flatt	Harwich Runners	80	10	13:43	08:24
30	245	Pheobe	Poston	Harwich Runners	71	8	13:59	08:27
19	238	Henry	Gooding-Matthews		82	10	13:38	08:31
25	227	Finn	Massey	Harwich Runners	76	10	13:45	08:39
4	214	Abigail	Race	Harwich Runners	97	6	12:53	08:45
2	250	Nainsi	Hallahan	CATS	99	7	12:47	09:47
33	224	Aoibheann	O'Dea	Harwich Runners	68	11	14:27	09:57
35	223	Meabh	O'Dea	Harwich Runners	66	9	15:31	10:28
1	203	Martha	Knott	Harwich Runners	100	4	11:40	11:40
34	246	Alarna	Poston	Harwich Runners	67	4	15:04	13:23

Note: Handicaps will be revised, based on this set of results, for the 2nd and subsequent races in the series.

Current Standings (Points Order)

Pos	First Name	Surname	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Totals	Final (Best 4)
1	Joel	Barnard	Harwich Runners	98	97	96	0	0	291	291
2	Mason	Partridge	CATS	99	95	93	0	0	287	287
3	Henry	Gooding-Matthews	Harwich Runners	95	92	82	0	0	269	269
4	Alarna	Poston	Harwich Runners	100	94	67	0	0	261	261
5	Poppy	Tilley	Harwich Runners	87	89	83	0	0	259	259
6	Nancy	Garner	Harwich Runners	92	85	79	0	0	256	256
7	Pheobe	Poston	Harwich Runners	97	88	71	0	0	256	256
8	Audrey	Tyrrell	Harwich Runners	80	90	77	0	0	247	247
9	Elijah	Barnard	Harwich Runners	89	87	70	0	0	246	246
10	Kirsten	Townsend	CATS	90	80	75	0	0	245	245
11	Jude	Lynch	Harwich Runners	79	74	91	0	0	244	244
12	Abigail	Race	Harwich Runners	75	71	97	0	0	243	243
13	Finley	Higgs	Harwich Runners	78	91	72	0	0	241	241
14	Indigo	Morrison	Harwich Runners	74	79	85	0	0	238	238
15	Caitlin	Harrison	Harwich Runners	77	72	88	0	0	237	237
16	Isaac	Tovey	Harwich Runners	64	82	89	0	0	235	235
17	Ronni	Townsend	CATS	85	75	74	0	0	234	234
18	Aoibheann	O'Dea	Harwich Runners	82	76	68	0	0	226	226
19	Oliver	Scrivener	Harwich Runners	84	63	78	0	0	225	225
20	Harry	Tyrrell	Harwich Runners	72	68	81	0	0	221	221
21	Isabelle	Race	Harwich Runners	69	64	86	0	0	219	219
22	Georgia	Coyles	Harwich Runners	70	63	84	0	0	217	217
23	Finn	Massey	Harwich Runners	73	65	76	0	0	214	214
24	Martha	Knott	Harwich Runners	0	100	100	0	0	200	200
25	Wren	Tovey	Harwich Runners	63	67	69	0	0	199	199
26	Leo	Knott	Harwich Runners	0	99	98	0	0	197	197
27	Meabh	O'Dea	Harwich Runners	66	61	66	0	0	193	193
28	Orlaith	Hallahan	CATS	0	93	95	0	0	188	188
29	Harrison	Cumner	Colchester Harriers	86	0	94	0	0	180	180
30	Ivy-Rose	Hallahan	CATS	0	86	87	0	0	173	173
31	Nainsi	Hallahan	CATS	0	73	99	0	0	172	172
32	Darcey	Smith	Harwich Runners	0	81	90	0	0	171	171
33	Eliza	Smith	Harwich Runners	0	78	92	0	0	170	170
34	Harry	Almond	Harwich Runners	93	69	0	0	0	162	162
35	Charlie	Roxby-Clarke	Harwich Runners	88	0	73	0	0	161	161
36	Mia	Lawes	CATS	81	77	0	0	0	158	158
37	Florence	Massey	Harwich Runners	76	70	0	0	0	146	146
38	Alice	Flatt	Harwich Runners	65	0	80	0	0	145	145
39	Ralphie	Raffle	Harwich Runners	83	60	0	0	0	143	143
40	Iris	Morrison	Harwich Runners	67	66	0	0	0	133	133
41	Shaydoin	Higgon-Williams		0	98	0	0	0	98	98
42	Riley	Higgon-Williams		0	96	0	0	0	96	96
43	Eva	Law	Harwich Runners	96	0	0	0	0	96	96
44	Albie	Sperry		94	0	0	0	0	94	94
45	Elizabeth	Whall	Colchester Rovers	91	0	0	0	0	91	91
46	Cooper	Higgs		0	84	0	0	0	84	84
47	Dixie	Raffle	Harwich Runners	0	83	0	0	0	83	83
48	Archer	Sperry		71	0	0	0	0	71	71
49	Emily	Tyrrell	Harwich Runners	68	0	0	0	0	68	68

Note: Best 4 points totals count toward the final total for the series.

Performance Analysis (Alphabetical Order)

Number	First Name	Surname	Club	Predicted Time	May 7th	May 28th	June 18th	July 9th	July 30th	Slowest	Fastest	Disparity
232	Harry	Almond	Harwich Runners	06:58	06:25	07:03				07:03	06:25	00:38
237	Elijah	Barnard	Harwich Runners	07:33	07:07	07:16	07:44			07:44	07:07	00:37
249	Joel	Barnard	Harwich Runners	09:00	08:09	08:12	07:46			09:00	07:46	01:14
216	Georgia	Coyles	Harwich Runners	07:00	07:04	07:25	07:07		✔	07:25	07:00	00:25
248	Harrison	Cumner	Colchester Harriers	05:30	05:01		05:11		✔	05:30	05:01	00:29
219	Alice	Flatt	Harwich Runners	08:08	08:32		08:24		✔	08:32	08:08	00:24
228	Nancy	Garner	Harwich Runners	06:59	06:27	06:46	06:43			06:59	06:27	00:32
238	Henry	Gooding-Matthews		09:00	08:20	08:29	08:31			09:00	08:20	00:40
213	Ivy-Rose	Hallahan	CATS	06:50		06:35	06:36			06:50	06:35	00:15
250	Nainsi	Hallahan	CATS	10:27		10:27	09:47			10:27	09:47	00:40
177	Orlaith	Hallahan	CATS	08:23		07:49	07:29			08:23	07:29	00:54
225	Caitlin	Harrison	Harwich Runners	07:55	07:48		07:49			07:55	07:48	00:07
208	Riley	Higgon-Williams		09:30		08:43				09:30	08:43	00:47
209	Shaydoin	Higgon-Williams		09:30		08:37				09:30	08:37	00:53
204	Cooper	Higgs		08:00		07:47				08:00	07:47	00:13
221	Finley	Higgs	Harwich Runners	07:48	07:38	07:20	07:49		✔	07:49	07:20	00:29
202	Leo	Knott	Harwich Runners	09:30		08:29	07:55			09:30	07:55	01:35
203	Martha	Knott	Harwich Runners	15:00		13:27	11:40			15:00	11:40	03:20
242	Eva	Law	Harwich Runners	07:35	06:53					07:35	06:53	00:42
211	Mia	Lawes	CATS	05:42	05:18	05:37				05:42	05:18	00:24
231	Jude	Lynch	Harwich Runners	06:42	06:22	06:48	06:30			06:48	06:22	00:26
227	Finn	Massey	Harwich Runners	08:21	08:22	08:36	08:39		✔	08:39	08:21	00:18
226	Florence	Massey	Harwich Runners	09:23	09:18	09:26				09:26	09:18	00:08
236	Indigo	Morrison	Harwich Runners	07:55	07:54	07:49	07:55			07:55	07:49	00:06
235	Iris	Morrison	Harwich Runners	09:15	09:29	09:29				09:29	09:15	00:14
224	Aoibheann	O'Dea	Harwich Runners	09:01	08:45	08:57	09:57			09:57	08:45	01:12
223	Meabh	O'Dea	Harwich Runners	08:24	08:40	08:58	10:28			08:58	08:24	00:34
210	Mason	Partridge	CATS	07:23	06:31	06:44	06:27			07:23	06:27	00:56
246	Alarna	Poston	Harwich Runners	15:00	12:23	11:46	13:23			15:00	11:46	03:14
245	Pheobe	Poston	Harwich Runners	08:38	07:55	08:20	08:27			08:38	07:55	00:43
214	Abigail	Race	Harwich Runners	09:23	09:19	09:26	08:45			09:26	08:45	00:41
215	Isabelle	Race	Harwich Runners	06:57	06:52	07:15	07:02			07:15	06:52	00:23
207	Dixie	Raffle	Harwich Runners	08:12		08:00			✔	08:12	08:00	00:12
222	Ralphy	Raffle	Harwich Runners	08:12	07:53	09:03				09:03	07:53	01:10
212	Charlie	Roxby-Clarke	Harwich Runners	07:07	06:42		07:08		✔	07:08	06:42	00:26
220	Oliver	Scrivener	Harwich Runners	06:47	06:18	07:09	07:04			07:09	06:18	00:51
205	Darcey	Smith	Harwich Runners	07:21		07:10	07:02			07:21	07:02	00:19
206	Eliza	Smith	Harwich Runners	06:49		06:44	06:29			06:49	06:29	00:20
244	Albie	Sperry		07:15	06:37					07:15	06:37	00:38
243	Archer	Sperry		07:15	07:19					07:19	07:15	00:04
218	Frank	Tilley		11:32						00:00	00:00	00:00
217	Poppy	Tilley	Harwich Runners	06:19	05:47	05:48	05:58		✔	06:19	05:47	00:32
230	Isaac	Tovey	Harwich Runners	07:23	07:47	07:11	07:10			07:47	07:10	00:37
229	Wren	Tovey	Harwich Runners	07:33	08:31	07:43	08:11			08:31	07:33	00:58
234	Kirsten	Townsend	CATS	07:01	06:31	06:51	06:50			07:01	06:31	00:30
233	Ronni	Townsend	CATS	06:40	06:10	06:36	05:29			06:40	05:29	01:11
241	Audrey	Tyrrell	Harwich Runners	08:20	08:07	07:53	07:53			08:20	07:53	00:27
240	Emily	Tyrrell	Harwich Runners	09:07	09:17					09:17	09:07	00:10
239	Harry	Tyrrell	Harwich Runners	06:30	06:23	06:39	06:44			06:44	06:23	00:21
247	Elizabeth	Whall	Colchester Rovers	06:38	05:58					06:38	05:58	00:40