



Harwich Runners Juniors 1 Mile Handicap Series 2023

Race 5 – Tuesday 25th July 2023 @ 19:20

Finish Positions (Finish Clock)

Pos	No	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
23	207	Frank	Tilley	Harwich Runners	100	4	11:32	11:32
4	159	Nainsi	Hallahan	CATS	99	6	12:13	10:27
15	171	Florence	Massey	Harwich Runners	98	6	12:19	09:23
19	152	Georgia	Coyles	Harwich Runners	97	9	12:26	07:00
24	167	Chloe	Manley	Harwich Runners	96	10	12:28	08:48
17	181	Ralphy	Raffle	Harwich Runners	95	9	12:32	08:12
2	208	Dixie	Raffle	Harwich Runners	94	6	12:32	08:12
35	161	Caitlin	Harrison	Harwich Runners	93	11	12:36	07:55
8	184	Darcy	Smith	Harwich Runners	92	7	12:37	07:21
22	203	Leo	Knott	Harwich Runners	91	6	12:39	08:09
10	200	Liam	Peros	Harwich Runners	90	11	12:41	08:10
12	165	Eva	Law	Harwich Runners	89	12	12:42	07:35
16	183	Oliver	Scrivener	Harwich Runners	88	10	12:43	06:47
5	185	Eliza	Smith	Harwich Runners	87	9	12:44	06:49
33	201	Aidan	Downs	Unattached	86	13	12:45	06:17
29	199	Mia	Laws	CATS	85	11	12:46	05:42
3	158	Ivy-Rose	Hallahan	CATS	84	10	12:46	06:50
30	187	Poppy	Tilley	Harwich Runners	83	12	12:48	06:19
37	155	Alice	Flatt	Harwich Runners	82	9	12:50	08:08
25	182	Hollie	Robertson	Harwich Runners	81	12	12:56	06:43
11	193	Elizabeth	Whall	Colchester Rovers	80	11	12:57	06:38
36	162	Max	Harrison	Harwich Runners	79	9	12:57	08:31
37	151	James	Clarke	CATS	78	11	13:01	05:42
7	156	Jemima	Garner	Harwich Runners	77	14	13:06	06:05
6	204	Alliana	Peros	Harwich Runners	76	9	13:08	08:28
20	205	Ronni	Townsend	Unattached	75	8	13:10	06:40
13	188	Isaac	Tovey	Harwich Runners	74	11	13:14	07:37
9	206	Kirsten	Townsend	Unattached	73	8	13:21	07:01
14	170	Finn	Massey	Harwich Runners	72	9	13:22	08:43
1	175	Aoibheann	O'Dea	Harwich Runners	71	10	13:28	09:29
18	189	Wren	Tovey	Harwich Runners	70	9	13:41	08:39
27	191	Emily	Tyrrell	Harwich Runners	69	9	13:46	09:53
31	168	Jack	Manley	Harwich Runners	68	12	13:49	09:35
28	192	Harry	Tyrrell	Harwich Runners	67	13	13:51	07:21
26	160	Orlaith	Hallahan	CATS	66	8	13:53	09:16
32	178	Pheobe	Poston	Harwich Runners	65	7	13:53	09:31
34	176	Meabh	O'Dea	Harwich Runners	64	8	13:56	09:20
21	179	Abigail	Race	Harwich Runners	63	5	14:25	10:48

Pace Positions (Pace / Run Time Order)

Pos	No	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
37	151	James	Clarke	CATS	78	11	13:01	05:42
29	199	Mia	Lawes	CATS	85	11	12:46	05:42
7	156	Jemima	Garner	Harwich Runners	77	14	13:06	06:05
33	201	Aidan	Downs	Unattached	86	13	12:45	06:17
30	187	Poppy	Tilley	Harwich Runners	83	12	12:48	06:19
11	193	Elizabeth	Whall	Colchester Rovers	80	11	12:57	06:38
20	205	Ronni	Townsend	Unattached	75	8	13:10	06:40
25	182	Hollie	Robertson	Harwich Runners	81	12	12:56	06:43
16	183	Oliver	Scrivener	Harwich Runners	88	10	12:43	06:47
5	185	Eliza	Smith	Harwich Runners	87	9	12:44	06:49
3	158	Ivy-Rose	Hallahan	CATS	84	10	12:46	06:50
19	152	Georgia	Coyles	Harwich Runners	97	9	12:26	07:00
9	206	Kirsten	Townsend	Unattached	73	8	13:21	07:01
28	192	Harry	Tyrrell	Harwich Runners	67	13	13:51	07:21
8	184	Darcy	Smith	Harwich Runners	92	7	12:37	07:21
12	165	Eva	Law	Harwich Runners	89	12	12:42	07:35
13	188	Isaac	Tovey	Harwich Runners	74	11	13:14	07:37
35	161	Caitlin	Harrison	Harwich Runners	93	11	12:36	07:55
37	155	Alice	Flatt	Harwich Runners	82	9	12:50	08:08
22	203	Leo	Knott	Harwich Runners	91	6	12:39	08:09
10	200	Liam	Peros	Harwich Runners	90	11	12:41	08:10
17	181	Ralphy	Raffle	Harwich Runners	95	9	12:32	08:12
2	208	Dixie	Raffle	Harwich Runners	94	6	12:32	08:12
6	204	Alliana	Peros	Harwich Runners	76	9	13:08	08:28
36	162	Max	Harrison	Harwich Runners	79	9	12:57	08:31
18	189	Wren	Tovey	Harwich Runners	70	9	13:41	08:39
14	170	Finn	Massey	Harwich Runners	72	9	13:22	08:43
24	167	Chloe	Manley	Harwich Runners	96	10	12:28	08:48
26	160	Orlaith	Hallahan	CATS	66	8	13:53	09:16
34	176	Meabh	O'Dea	Harwich Runners	64	8	13:56	09:20
15	171	Florence	Massey	Harwich Runners	98	6	12:19	09:23
1	175	Aoibheann	O'Dea	Harwich Runners	71	10	13:28	09:29
32	178	Pheobe	Poston	Harwich Runners	65	7	13:53	09:31
31	168	Jack	Manley	Harwich Runners	68	12	13:49	09:35
27	191	Emily	Tyrrell	Harwich Runners	69	9	13:46	09:53
4	159	Nainsi	Hallahan	CATS	99	6	12:13	10:27
21	179	Abigail	Race	Harwich Runners	63	5	14:25	10:48
23	207	Frank	Tilley	Harwich Runners	100	4	11:32	11:32

Final Standings (Points Order)

Pos	First Name	Surname	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Totals	Final (Best 4)
1	Ralph	Raffle	Harwich Runners	75	94	0	99	95	363	363
2	Mia	Lawes	CATS	0	95	87	90	85	357	357
3	Abigail	Race	Harwich Runners	95	98	60	96	63	412	352
4	Max	Harrison	Harwich Runners	93	81	71	95	79	419	348
5	Indigo	Morrison	Harwich Runners	77	89	89	92	0	347	347
6	Poppy	Tilley	Harwich Runners	87	79	84	93	83	426	347
7	Ivy-Rose	Hallahan	CATS	89	86	75	86	84	420	345
8	Chloe	Manley	Harwich Runners	91	65	93	0	96	345	345
9	Pheobe	Poston	Harwich Runners	90	73	99	82	65	409	344
10	Wren	Tovey	Harwich Runners	99	64	86	88	70	407	343
11	Caitlin	Harrison	Harwich Runners	81	93	72	0	93	339	339
12	Jude	Lynch	Harwich Runners	97	78	81	83	0	339	339
13	Harrison	Cumner	Colchester Harriers	85	90	73	89	0	337	337
14	Isaac	Tovey	Harwich Runners	98	87	69	78	74	406	337
15	Georgia	Coyles	Harwich Runners	61	97	80	0	97	335	335
16	Harry	Tyrrell	Harwich Runners	83	76	91	85	67	402	335
17	Eva	Law	Harwich Runners	80	80	85	0	89	334	334
18	Oliver	Scrivener	Harwich Runners	65	0	94	87	88	334	334
19	Alice	Flatt	Harwich Runners	88	67	65	91	82	393	328
20	Meabh	O'Dea	Harwich Runners	60	96	63	98	64	381	321
21	Aoibheann	O'Dea	Harwich Runners	63	75	100	74	71	383	320
22	Hollie	Robertson	Harwich Runners	74	83	79	0	81	317	317
23	Florence	Massey	Harwich Runners	72	62	59	84	98	375	316
24	Isabelle	Race	Harwich Runners	86	92	61	76	0	315	315
25	Orlaith	Hallahan	CATS	78	66	96	0	66	306	306
26	Jack	Manley	Harwich Runners	69	84	78	75	68	374	306
27	Jemima	Garner	Harwich Runners	76	85	64	0	77	302	302
28	Finn	Massey	Harwich Runners	82	63	67	79	72	363	300
29	James	Clarke	CATS	71	82	68	0	78	299	299
30	Emily	Tyrrell	Harwich Runners	66	70	62	94	69	361	299
31	Audrey	Tyrrell	Harwich Runners	64	71	82	77	0	294	294
32	Liam	Peros	Harwich Runners	0	0	95	97	90	282	282
33	Senna	Holman	Unattached	0	99	97	81	0	277	277
34	Eliza	Smith	Harwich Runners	84	0	92	0	87	263	263
35	Rhys	Kelsall	CATS	96	77	88	0	0	261	261
36	Nainsi	Hallahan	CATS	59	0	90	0	99	248	248
37	Darcy	Smith	Harwich Runners	79	0	76	0	92	247	247
38	Saxon	Holman	Unattached	0	91	77	73	0	241	241
39	Charlie	Roxby-Clarke	Harwich Runners	0	88	66	80	0	234	234
40	Nancy	Garner	Harwich Runners	94	72	58	0	0	224	224
41	Iris	Morrison	Harwich Runners	67	74	74	0	0	215	215
42	Jaxon	Arden	Unattached	0	100	98	0	0	198	198
43	Aidan	Downs	Unattached	0	0	83	0	86	169	169
44	Emma	McQuiggan	Harwich Runners	92	69	0	0	0	161	161
45	Elizabeth	Whall	Colchester Rovers	70	0	0	0	80	150	150
46	Harry	Almond	Harwich Runners	0	68	70	0	0	138	138
47	Lucas	Overall	Unattached	100	0	0	0	0	100	100
48	Frank	Tilley	Harwich Runners	0	0	0	0	100	100	100
49	Jack	Tyrrell	Harwich Runners	0	0	0	100	0	100	100
50	Dixie	Raffle	Harwich Runners	0	0	0	0	94	94	94
51	Leo	Knott	Harwich Runners	0	0	0	0	91	91	91
52	Alliana	Peros	Harwich Runners	0	0	0	0	76	76	76
53	Ronni	Townsend	Unattached	0	0	0	0	75	75	75
54	Myles	Martell-Smith	Unattached	73	0	0	0	0	73	73
55	Kirsten	Townsend	Unattached	0	0	0	0	73	73	73
56	Mistie	Henington	CATS	68	0	0	0	0	68	68
57	Lucas	Smith	Harwich Runners	62	0	0	0	0	62	62

Note: Best 4 points totals count toward the final total for the series.

Performance Analysis (Alphabetical Order)

Number	First Name	Surname	Club	Predicted Time	May 2nd	May 23rd	June 13th	July 4th	July 25th	Slowest	Fastest	Disparity
197	Harry	Almond	Harwich Runners	07:10		07:10	07:28			07:28	07:10	-00:18
194	Jaxon	Arden	Unattached	08:14		08:14	07:34			08:14	07:34	-00:40
151	James	Clarke	CATS	05:41	05:57	05:41	06:01		05:42	06:01	05:41	-00:20
152	Georgia	Coyles	Harwich Runners	07:34	08:42	07:34	07:40		07:00	08:42	07:00	-01:42
153	Harrison	Cunner	Colchester Harriers	05:56	06:24	05:56	06:07	05:46		06:24	05:46	-00:38
201	Aidan	Downs	Unattached	06:30			06:32		06:17	06:32	06:17	-00:15
154	Kaya	Edwards	Harwich Runners	13:00								00:00
155	Alice	Flatt	Harwich Runners	08:31	08:31	08:42	08:57	08:18	08:08	08:57	08:08	-00:49
156	Jemima	Garner	Harwich Runners	05:59	06:17	05:59	07:32		06:05	07:32	05:59	-01:33
157	Nancy	Garner	Harwich Runners	07:13	07:13	07:19	07:39			07:39	07:13	-00:26
158	Ivy-Rose	Hallahan	CATS	07:12	07:30	07:12	07:21	07:04	06:50	07:30	06:50	-00:40
159	Nainsi	Hallahan	CATS	11:48	11:48		11:14		10:27	11:48	10:27	-01:21
160	Oraith	Hallahan	CATS	08:31	08:31	08:47	08:23		09:16	09:16	08:23	-00:53
161	Caitlin	Harrison	Harwich Runners	08:19	08:52	08:19	08:36		07:55	08:52	07:55	-00:57
162	Max	Harrison	Harwich Runners	08:59	09:14	08:59	09:10	08:34	08:31	09:14	08:31	-00:43
163	Mistie	Henington	CATS	06:22	06:22					06:22	06:22	00:00
196	Saxon	Holman	Unattached	09:32		09:32	08:58	09:55		09:55	08:58	-00:57
195	Senna	Holman	Unattached	08:42		08:42	08:50	08:43		08:50	08:42	-00:08
164	Rhys	Kelsall	CATS	06:28	06:35	06:28	06:24			06:35	06:24	-00:11
203	Leo	Knott	Harwich Runners	08:30					08:09	08:09	08:09	00:00
165	Eva	Law	Harwich Runners	07:55	08:09	07:55	07:53		07:35	08:09	07:35	-00:34
199	Mia	Lawes	CATS	06:11		06:11	06:08	05:56	05:42	06:11	05:42	-00:29
166	Jude	Lynch	Harwich Runners	06:42	06:54	06:42	06:46	06:41		06:54	06:41	-00:13
167	Chloe	Manley	Harwich Runners	09:33	09:33	09:51	09:20		08:48	09:51	08:48	-01:03
168	Jack	Manley	Harwich Runners	08:46	09:03	08:46	08:53	09:12	09:35	09:35	08:46	-00:49
169	Myles	Martell-Smith	Unattached	06:46	06:46					06:46	06:46	00:00
170	Fin	Massey	Harwich Runners	08:21	08:21	09:38	08:43	08:27	08:43	09:38	08:21	-01:17
171	Florence	Massey	Harwich Runners	10:08	10:08	12:17	11:40	10:04	09:23	12:17	09:23	-02:54
172	Emma	McQuiggan	Harwich Runners	09:18	09:18	09:27				09:27	09:18	-00:09
173	Indigo	Morrison	Harwich Runners	08:15	08:42	08:15	08:07	07:50		08:42	07:50	-00:52
174	Iris	Morrison	Harwich Runners	09:24	09:24	09:28	09:34			09:34	09:24	-00:10
175	Aoibheann	O'Dea	Harwich Runners	09:58	09:58	10:01	09:01	09:53	09:29	10:01	09:01	-01:00
176	Meabh	O'Dea	Harwich Runners	09:14	10:21	09:14	09:46	08:24	09:20	10:21	08:24	-01:57
177	Lucas	Overall	Unattached	07:46	07:46					07:46	07:46	00:00
204	Alliana	Peros	Harwich Runners	08:20					08:28	08:28	08:28	00:00
200	Liam	Peros	Harwich Runners	09:30			09:10	08:29	08:10	09:10	08:10	-01:00
178	Pheobe	Poston	Harwich Runners	09:30	09:30	09:35	08:38	08:38	09:31	09:35	08:38	-00:57
179	Abigail	Race	Harwich Runners	09:53	11:10	09:53	11:24	09:23	10:48	11:24	09:23	-02:01
180	Isabelle	Race	Harwich Runners	07:02	07:33	07:02	07:46	07:28		07:46	07:02	-00:44
208	Dixie	Raffle	Harwich Runners	08:40					08:12	08:12	08:12	00:00
181	Ralphie	Raffle	Harwich Runners	09:46	10:34	09:46		08:40	08:12	10:34	08:12	-02:22
182	Hollie	Robertson	Harwich Runners	06:47	07:04	06:47	06:53		06:43	07:04	06:43	-00:21
198	Charlie	Roxby-Clarke	Harwich Runners	07:24		07:24	07:48	07:27		07:48	07:24	-00:24
183	Oliver	Scrivener	Harwich Runners	07:28	07:28		07:14	07:04		07:28	06:47	-00:41
184	Darcy	Smith	Harwich Runners	07:56	07:56		07:44		07:21	07:56	07:21	-00:35
185	Eliza	Smith	Harwich Runners	07:05	07:05		07:13		06:49	07:13	06:49	-00:24
186	Lucas	Smith	Unattached	10:39	10:39					10:39	10:39	00:00
207	Frank	Tilley	Harwich Runners	13:00					11:32	11:32	11:32	00:00
187	Poppy	Tilley	Harwich Runners	06:49	07:02	06:49	06:48	06:31	06:19	07:02	06:19	-00:43
188	Isaac	Tovey	Harwich Runners	07:26	07:47	07:26	07:23	07:30	07:37	07:47	07:23	-00:24
189	Wren	Tovey	Harwich Runners	08:08	08:08	08:30	08:27	07:58	08:39	08:39	07:58	-00:41
206	Kirsten	Townsend	Unattached	06:40					07:01	07:01	07:01	00:00
205	Ronni	Townsend	Unattached	06:30					06:40	06:40	06:40	00:00
190	Audrey	Tyrrell	Harwich Runners	08:31	08:31	08:38	08:20	08:39		08:39	08:20	-00:19
191	Emily	Tyrrell	Harwich Runners	09:27	09:27	09:35	10:05	09:07	09:53	10:05	09:07	-00:58
192	Harry	Tyrrell	Harwich Runners	06:36	06:36	06:36	06:39	06:30	07:21	07:21	06:30	-00:51
202	Jack	Tyrrell	Harwich Runners	10:00				08:48		08:48	08:48	00:00
193	Elizabeth	Whall	Colchester Rovers	06:41	06:41				06:38	06:41	06:38	-00:03

Fastest Times Per Person

Number	First Name	Surname	Club	Fastest
151	James	Clarke	CATS	05:41
199	Mia	Lawes	CATS	05:42
153	Harrison	Cumner	Colchester Harriers	05:46
156	Jemima	Garner	Harwich Runners	05:59
201	Aidan	Downs	Unattached	06:17
187	Poppy	Tilley	Harwich Runners	06:19
163	Mistie	Henington	CATS	06:22
164	Rhys	Kelsall	CATS	06:24
192	Harry	Tyrrell	Harwich Runners	06:30
193	Elizabeth	Whall	Colchester Rovers	06:38
205	Ronni	Townsend	Unattached	06:40
166	Jude	Lynch	Harwich Runners	06:41
182	Hollie	Robertson	Harwich Runners	06:43
169	Myles	Martell-Smith	Unattached	06:46
183	Oliver	Scrivener	Harwich Runners	06:47
185	Eliza	Smith	Harwich Runners	06:49
158	Ivy-Rose	Hallahan	CATS	06:50
152	Georgia	Coyles	Harwich Runners	07:00
206	Kirsten	Townsend	Unattached	07:01
180	Isabelle	Race	Harwich Runners	07:02
197	Harry	Almond	Harwich Runners	07:10
157	Nancy	Garner	Harwich Runners	07:13
184	Darcy	Smith	Harwich Runners	07:21
188	Isaac	Tovey	Harwich Runners	07:23
198	Charlie	Roxby-Clarke	Harwich Runners	07:24
194	Jaxon	Arden	Unattached	07:34
165	Eva	Law	Harwich Runners	07:35
177	Lucas	Overall	Unattached	07:46
173	Indigo	Morrison	Harwich Runners	07:50
161	Caitlin	Harrison	Harwich Runners	07:55
189	Wren	Tovey	Harwich Runners	07:58
155	Alice	Flatt	Harwich Runners	08:08
203	Leo	Knott	Harwich Runners	08:09
200	Liam	Peros	Harwich Runners	08:10
181	Ralphie	Raffle	Harwich Runners	08:12
208	Dixie	Raffle	Harwich Runners	08:12
190	Audrey	Tyrrell	Harwich Runners	08:20
170	Finn	Massey	Harwich Runners	08:21
160	Orlaith	Hallahan	CATS	08:23
176	Meabh	O'Dea	Harwich Runners	08:24
204	Alliana	Peros	Harwich Runners	08:28
162	Max	Harrison	Harwich Runners	08:31
178	Pheobe	Poston	Harwich Runners	08:38
195	Senna	Holman	Unattached	08:42
168	Jack	Manley	Harwich Runners	08:46
167	Chloe	Manley	Harwich Runners	08:48
202	Jack	Tyrrell	Harwich Runners	08:48
196	Saxon	Holman	Unattached	08:58
175	Aoibheann	O'Dea	Harwich Runners	09:01
191	Emily	Tyrrell	Harwich Runners	09:07
172	Emma	McQuiggan	Harwich Runners	09:18
179	Abigail	Race	Harwich Runners	09:23
171	Florence	Massey	Harwich Runners	09:23
174	Iris	Morrison	Harwich Runners	09:24
159	Nainsi	Hallahan	CATS	10:27
186	Lucas	Smith	Unattached	10:39
207	Frank	Tilley	Harwich Runners	11:32