



## Harwich Runners Juniors 1 Mile Handicap Series 2023

### Race 1 – Tuesday 2<sup>nd</sup> May 2023 @ 19:20

Finish Positions (Finish Clock)

Pos	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
1	Lucas	Overall	Unattached	100	17	10:46	07:46
2	Wren	Tovey	Harwich Runners	99	8	11:08	08:08
3	Isaac	Tovey	Harwich Runners	98	11	11:17	07:47
4	Jude	Lynch	Harwich Runners	97	11	11:39	06:54
5	Rhys	Kelsall	CATS	96	12	11:50	06:35
6	Abigail	Race	Harwich Runners	95	5	12:10	11:10
7	Nancy	Garner	Harwich Runners	94	10	12:13	07:13
8	Max	Harrison	Harwich Runners	93	9	12:14	09:14
9	Emma	McQuiggan	Harwich Runners	92	11	12:18	09:18
10	Chloe	Manley	Harwich Runners	91	9	12:23	09:33
11	Pheobe	Poston	Harwich Runners	90	7	12:30	09:30
12	Ivy-Rose	Hallahan	CATS	89	10	12:30	07:30
13	Alice	Flatt	Harwich Runners	88	9	12:31	08:31
14	Poppy	Tilley	Harwich Runners	87	11	12:32	07:02
15	Isabelle	Race	Harwich Runners	86	9	12:33	07:33
16	Harrison	Cumner	Colchester Harriers	85	13	12:34	06:24
17	Eliza	Smith	Harwich Runners	84	9	12:35	07:05
18	Harry	Tyrrell	Harwich Runners	83	13	12:36	06:36
19	Finn	Massey	Harwich Runners	82	9	12:51	08:21
20	Caitlin	Harrison	Harwich Runners	81	11	12:52	08:52
21	Eva	Law	Harwich Runners	80	12	12:54	08:09
22	Darcy	Smith	Harwich Runners	79	7	12:56	07:56
23	Orlaith	Hallahan	CATS	78	8	13:01	08:31
24	Indigo	Morrison	Harwich Runners	77	8	13:02	08:42
25	Jemima	Garner	Harwich Runners	76	13	13:02	06:17
26	Ralphie	Raffle	Harwich Runners	75	8	13:04	10:34
27	Hollie	Robertson	Harwich Runners	74	12	13:04	07:04
28	Myles	Martell-Smith	Unattached	73	12	13:06	06:46
29	Florence	Massey	Harwich Runners	72	6	13:08	10:08
30	James	Clarke	CATS	71	11	13:12	05:57
31	Elizabeth	Whall	Colchester Rovers	70	11	13:16	06:41
32	Jack	Manley	Harwich Runners	69	12	13:18	09:03
33	Mistie	Henington	CATS	68	13	13:22	06:22
34	Iris	Morrison	Harwich Runners	67	10	13:24	09:24
35	Emily	Tyrrell	Harwich Runners	66	8	13:27	09:27
36	Oliver	Scrivener	Harwich Runners	65	9	13:28	07:28
37	Audrey	Tyrrell	Harwich Runners	64	10	13:31	08:31
38	Aoibheann	O'Dea	Harwich Runners	63	9	13:33	09:58
39	Lucas	Smith	Harwich Runners	62	9	13:39	10:39
40	Georgia	Coyles	Harwich Runners	61	9	13:52	08:42
41	Meabh	O'Dea	Harwich Runners	60	8	14:01	10:21
42	Nainsi	Hallahan	CATS	59	6	14:48	11:48

Pace Positions (Pace / Run Time Order)

Pos	First Name	Surname	Club	Points	Age	Finish Clock	Pace / Run Time
30	James	Clarke	CATS	71	11	13:12	05:57
25	Jemima	Garner	Harwich Runners	76	13	13:02	06:17
33	Mistie	Henington	CATS	68	13	13:22	06:22
16	Harrison	Cumner	Colchester Harriers	85	13	12:34	06:24
5	Rhys	Kelsall	CATS	96	12	11:50	06:35
18	Harry	Tyrrell	Harwich Runners	83	13	12:36	06:36
31	Elizabeth	Whall	Colchester Rovers	70	11	13:16	06:41
28	Myles	Martell-Smith	Unattached	73	12	13:06	06:46
4	Jude	Lynch	Harwich Runners	97	11	11:39	06:54
14	Poppy	Tilley	Harwich Runners	87	11	12:32	07:02
27	Hollie	Robertson	Harwich Runners	74	12	13:04	07:04
17	Eliza	Smith	Harwich Runners	84	9	12:35	07:05
7	Nancy	Garner	Harwich Runners	94	10	12:13	07:13
36	Oliver	Scrivener	Harwich Runners	65	9	13:28	07:28
12	Ivy-Rose	Hallahan	CATS	89	10	12:30	07:30
15	Isabelle	Race	Harwich Runners	86	9	12:33	07:33
1	Lucas	Overall	Unattached	100	17	10:46	07:46
3	Isaac	Tovey	Harwich Runners	98	11	11:17	07:47
22	Darcy	Smith	Harwich Runners	79	7	12:56	07:56
2	Wren	Tovey	Harwich Runners	99	8	11:08	08:08
21	Eva	Law	Harwich Runners	80	12	12:54	08:09
19	Finn	Massey	Harwich Runners	82	9	12:51	08:21
23	Orlaith	Hallahan	CATS	78	8	13:01	08:31
13	Alice	Flatt	Harwich Runners	88	9	12:31	08:31
37	Audrey	Tyrrell	Harwich Runners	64	10	13:31	08:31
24	Indigo	Morrison	Harwich Runners	77	8	13:02	08:42
40	Georgia	Coyles	Harwich Runners	61	9	13:52	08:42
20	Caitlin	Harrison	Harwich Runners	81	11	12:52	08:52
32	Jack	Manley	Harwich Runners	69	12	13:18	09:03
8	Max	Harrison	Harwich Runners	93	9	12:14	09:14
9	Emma	McQuiggan	Harwich Runners	92	11	12:18	09:18
34	Iris	Morrison	Harwich Runners	67	10	13:24	09:24
35	Emily	Tyrrell	Harwich Runners	66	8	13:27	09:27
11	Pheobe	Poston	Harwich Runners	90	7	12:30	09:30
10	Chloe	Manley	Harwich Runners	91	9	12:23	09:33
38	Aoibheann	O'Dea	Harwich Runners	63	9	13:33	09:58
29	Florence	Massey	Harwich Runners	72	6	13:08	10:08
41	Meabh	O'Dea	Harwich Runners	60	8	14:01	10:21
26	Ralphy	Raffle	Harwich Runners	75	8	13:04	10:34
39	Lucas	Smith	Harwich Runners	62	9	13:39	10:39
6	Abigail	Race	Harwich Runners	95	5	12:10	11:10
42	Nainsi	Hallahan	CATS	59	6	14:48	11:48

**Note:** Handicaps will be revised, based on this set of results, for the 2<sup>nd</sup> and subsequent races in the series.

## Current Standings (Points Order)

Pos	First Name	Surname	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Totals
1	Lucas	Overall	Unattached	100	0	0	0	0	100
2	Wren	Tovey	Harwich Runners	99	0	0	0	0	99
3	Isaac	Tovey	Harwich Runners	98	0	0	0	0	98
4	Jude	Lynch	Harwich Runners	97	0	0	0	0	97
5	Rhys	Kelsall	CATS	96	0	0	0	0	96
6	Abigail	Race	Harwich Runners	95	0	0	0	0	95
7	Nancy	Garner	Harwich Runners	94	0	0	0	0	94
8	Max	Harrison	Harwich Runners	93	0	0	0	0	93
9	Emma	McQuiggan	Harwich Runners	92	0	0	0	0	92
10	Chloe	Manley	Harwich Runners	91	0	0	0	0	91
11	Pheobe	Poston	Harwich Runners	90	0	0	0	0	90
12	Ivy-Rose	Hallahan	CATS	89	0	0	0	0	89
13	Alice	Flatt	Harwich Runners	88	0	0	0	0	88
14	Poppy	Tilley	Harwich Runners	87	0	0	0	0	87
15	Isabelle	Race	Harwich Runners	86	0	0	0	0	86
16	Harrison	Cummer	Colchester Harriers	85	0	0	0	0	85
17	Eliza	Smith	Harwich Runners	84	0	0	0	0	84
18	Harry	Tyrrell	Harwich Runners	83	0	0	0	0	83
19	Finn	Massey	Harwich Runners	82	0	0	0	0	82
20	Caitlin	Harrison	Harwich Runners	81	0	0	0	0	81
21	Eva	Law	Harwich Runners	80	0	0	0	0	80
22	Darcy	Smith	Harwich Runners	79	0	0	0	0	79
23	Orlaith	Hallahan	CATS	78	0	0	0	0	78
24	Indigo	Morrison	Harwich Runners	77	0	0	0	0	77
25	Jemima	Garner	Harwich Runners	76	0	0	0	0	76
26	Ralphy	Raffle	Harwich Runners	75	0	0	0	0	75
27	Hollie	Robertson	Harwich Runners	74	0	0	0	0	74
28	Myles	Martell-Smith	Unattached	73	0	0	0	0	73
29	Florence	Massey	Harwich Runners	72	0	0	0	0	72
30	James	Clarke	CATS	71	0	0	0	0	71
31	Elizabeth	Whall	Colchester Rovers	70	0	0	0	0	70
32	Jack	Manley	Harwich Runners	69	0	0	0	0	69
33	Mistie	Henington	CATS	68	0	0	0	0	68
34	Iris	Morrison	Harwich Runners	67	0	0	0	0	67
35	Emily	Tyrrell	Harwich Runners	66	0	0	0	0	66
36	Oliver	Scrivener	Harwich Runners	65	0	0	0	0	65
37	Audrey	Tyrrell	Harwich Runners	64	0	0	0	0	64
38	Aoibheann	O'Dea	Harwich Runners	63	0	0	0	0	63
39	Lucas	Smith	Harwich Runners	62	0	0	0	0	62
40	Georgia	Coyles	Harwich Runners	61	0	0	0	0	61
41	Meabh	O'Dea	Harwich Runners	60	0	0	0	0	60
42	Nainsi	Hallahan	CATS	59	0	0	0	0	59

**Note:** Best 4 points totals count toward the final total for the series.

## Performance Analysis (Alphabetical Order)

First Name	Surname	Club	Predicted Time	May 2nd	May 23rd	June 13th	July 4th	July 25th	Slowest	Fastest	Disparity
James	Clarke	CATS	05:45	05:57					05:57	-00:12	
Georgia	Coyles	Harwich Runners	07:50	08:42					08:42	-00:52	
Harrison	Cumner	Colchester Harriers	08:50	06:24					06:24	00:26	
Kaya	Edwards	Harwich Runners	13:00								
Alice	Flatt	Harwich Runners	09:00	08:31					08:31	00:29	
Jemima	Garner	Harwich Runners	06:15	06:17					06:17	-00:02	
Nancy	Garner	Harwich Runners	08:00	07:13					07:13	00:47	
Ivy-Rose	Hallahan	CATS	08:00	07:30					07:30	00:30	
Nainsi	Hallahan	CATS	10:00	11:48					11:48	-01:48	
Orlaith	Hallahan	CATS	08:30	08:31					08:31	-00:01	
Caitlin	Harrison	Harwich Runners	09:00	08:52					08:52	00:08	
Max	Harrison	Harwich Runners	10:00	09:14					09:14	00:46	
Mistie	Henington	CATS	06:00	06:22					06:22	-00:22	
Rhys	Kelsall	CATS	07:45	06:35					06:35	01:10	
Eva	Law	Harwich Runners	08:15	08:09					08:09	00:06	
Jude	Lynch	Harwich Runners	08:15	06:54					06:54	01:21	
Chloe	Manley	Harwich Runners	10:10	09:33					09:33	00:37	
Jack	Manley	Harwich Runners	08:45	09:03					09:03	-00:18	
Myles	Martell-Smith	Unattached	06:40	06:46					06:46	-00:06	
Finn	Massey	Harwich Runners	08:30	08:21					08:21	00:09	
Florence	Massey	Harwich Runners	10:00	10:08					10:08	-00:08	
Emma	McQuiggan	Harwich Runners	10:00	09:18					09:18	00:42	
Indigo	Morrison	Harwich Runners	08:40	08:42					08:42	-00:02	
Iris	Morrison	Harwich Runners	09:00	09:24					09:24	-00:24	
Aoibheann	O'Dea	Harwich Runners	09:25	09:58					09:58	-00:33	
Meabh	O'Dea	Harwich Runners	09:20	10:21					10:21	-01:01	
Lucas	Overall	Unattached	10:00	07:46					07:46	02:14	
Pheobe	Poston	Harwich Runners	10:00	09:30					09:30	00:30	
Abigail	Race	Harwich Runners	12:00	11:10					11:10	00:50	
Isabelle	Race	Harwich Runners	08:00	07:33					07:33	00:27	
Ralphie	Raffle	Harwich Runners	10:30	10:34					10:34	-00:04	
Hollie	Robertson	Harwich Runners	07:00	07:04					07:04	-00:04	
Oliver	Scrivener	Harwich Runners	07:00	07:28					07:28	-00:28	
Darcy	Smith	Harwich Runners	08:00	07:56					07:56	00:04	
Eliza	Smith	Harwich Runners	07:30	07:05					07:05	00:25	
Lucas	Smith	Unattached	10:00	10:39					10:39	-00:39	
Poppy	Tilley	Harwich Runners	07:30	07:02					07:02	00:28	
Isaac	Tovey	Harwich Runners	09:30	07:47					07:47	01:43	
Wren	Tovey	Harwich Runners	10:00	08:08					08:08	01:52	
Audrey	Tyrrell	Harwich Runners	08:00	08:31					08:31	-00:31	
Emily	Tyrrell	Harwich Runners	09:00	09:27					09:27	-00:27	
Harry	Tyrrell	Harwich Runners	07:00	06:36					06:36	00:24	
Elizabeth	Whall	Colchester Rovers	06:25	06:41					06:41	-00:16	