

53-12 CROSS COUNTRY LEAGUE

HARWICH 15th NOVEMBER 2009

POS	MEN POOL A	TEAM SCORE
1	Ipswich Jaffa	129
2	Colchester Harriers AC	134
3	Harwich Runners	184
4	Great Bentley RC	263
5	Halstead Road Runners	302
6	Springfield Striders	541

POS	WOMEN POOL A	TEAM SCORE
1	Colchester Harriers AC	26
2	Harwich Runners	52
3	Ipswich Jaffa	56
4	Springfield Striders	66
5	Great Bentley RC	87
6	Halstead Road Runners	170

POOL B			Missing Runners	
1	Witham RC	135	0	0
2	Tiptree	153	0	0
3	Colchester and Tendring AC	294	0	0
4	Discovery Tri	303	0	0
5	Hadleigh Hares	412	0	0
6	Mid Essex Casuals	443	1	2
7	53-12	627	3	2

POOL B		
1	Witham RC	33
2	Tiptree	39
3	Colchester and Tendring AC	39
4	Discovery Tri	41
5	Hadleigh Hares	70
5	Mid Essex Casuals	132
7	53-12	132

POS	OVERALL POOL A	COMBINED	
		POS	PTS
1	Colchester Harriers AC	3	6
2	Ipswich Jaffa	4	5
3	Harwich Runners	5	4
4	Great Bentley RC	9	3
5	Springfield Striders	10	2
6	Halstead Road Runners	11	1

LEAGUE POSITIONS		
POOL A		PTS
1	Colchester Harriers AC	6
2	Ipswich Jaffa	5
3	Harwich Runners	4
4	Great Bentley RC	3
5	Springfield Striders	2
6	Halstead Road Runners	1

POOL B			
1	Witham RC	2	7
2	Tiptree	4	6
3	Colchester and Tendring AC	6	5
4	Discovery Tri	8	4
5	Hadleigh Hares	10	3
6	Mid Essex Casuals	11	2
7	53-12	14	1

POOL B		PTS
1	Witham RC	7
2	Tiptree / 53-12	6
3	Colchester and Tendring AC	5
4	Discovery Tri	4
5	Hadleigh Hares	3
6	Mid Essex Casuals	2
7	53-12	1

* Missing runners scored 157 (men) or 66 (women)