

53-12 CROSS COUNTRY LEAGUE, HARWICH - 12TH DECEMBER 2010

1	Adrian Mussett	Colchester Harriers	1	Dawn Davies	Ipswich
2	Tristan Windley	Springfield Striders	2	Lyn Higgs	Colchester Harriers
3	Graeme Knott	Harwich Runners	3	Kate Hodgkiss	Harwich Runners
4	Chris Sellens	Colchester Harriers	4	Val Jennings	Ipswich
5	Robert Chenery	Ipswich	5	Nikki Brockbank	Springfield Striders
6	Gavin Davies	Ipswich	6	Sarah Ivory	Colchester Harriers
7	Sam Matthews	Harwich Runners	7	Vicky Presland	Great Bentley
8	Gavin Allen	Halstead Road Runners	8	Gail Pryke	Ipswich
9	Dan King	Colchester Harriers	9	Sarah Fossberg	Harwich Runners
10	Steve Fraser-Lim	Ipswich	10	Becky Staunton	Ipswich
11	Jon Booty	Witham	11	Claudine Tisbury	Harwich Runners
12	Brian Herrington	Harwich Runners	12	Wendy Staines	Discovery Tri
13	Jonathan Ling	Ipswich	13	Hannah Wood	Ipswich
14	John Scaife	Hadleigh Hares	14	Brigid Wallen	Witham
15	Conrad Burgess	Ipswich	15	Elodi King	Colchester Harriers
16	Rob Reason	Harwich Runners	16	Claire Gordon	Witham
17	Dom King	Colchester Harriers	17	Marie Grimes	Ipswich
18	Russ Sharp	Great Bentley	18	Tracey Harrington	Tiptree
19	Ian Vickery	Colchester and Tendering	19	Karen Mowle	Harwich Runners
20	Simon Dale	Great Bentley	20	Wendy Martin	Witham
21	Mark Clements	Ipswich	21	Claire Bransby	Harwich Runners
22	Matthew Knowles	Harwich Runners	22	Rachel Jarvis	Harwich Runners
23	John Thorpe	Ipswich	23	Theresa Bishop	Great Bentley
24	David Wright	Colchester Harriers	24	Wendy Carter	Halstead Road Runners
25	Simon Day	Harwich Runners	25	Diane Wooler	Colchester and Tendering
26	Peter Pearce	Great Bentley	26	Anita Mussett	Colchester Harriers
27	Paul Anderson	Springfield Striders	27	Tina Clarke	Tiptree
28	James Haskey-Jowes	Tiptree	28	Jo Mckay	Great Bentley
29	Clive Thomas	Great Bentley	29	Julie Haselwood	Ipswich
30	Stuart Prestney	Halstead Road Runners	30	Lorna Sharp	Great Bentley
31	Andy Mason	Springfield Striders	31	Rachel Cole	Hadleigh Hares
32	Jonathan Pooley	Ipswich	32	Liz Stuckey	Witham
32	Russell Breyer	Ipswich	33	Lex Carlisle	Great Bentley
33	James Farren	Witham	34	Angela Paxon	Harwich Runners
34	Mark Rutter	Harwich Runners	35	Anna Lyon	Great Bentley
35	Lee Rudland	Ipswich	36	Nernia Gill	Springfield Striders
36	Joe Gibbon	Colchester and Tendering	37	Trudy Avis	Hadleigh Hares
37	Stuart Raven	Springfield Striders	38	Leanne Watkins	Hadleigh Hares
38	Alan Reade	Witham	39	Ann Piercy	Harwich Runners
39	Paul Stukas	Springfield Striders	40	Sarah Knowles	Springfield Striders
40	Mark Brewer	Tiptree	41	Becky Smith	Hadleigh Hares
41	Jason Meachen	Harwich Runners	42	Mel Broadbent	Discovery Tri
42	Paul Mcllelland	Harwich Runners	43	Carolyn Bownes	Tiptree
43	Simon Morgan	Tiptree	44	Fay Emmerson	Colchester Harriers
44	Sam Wolton	Halstead Road Runners	45	Carol Noakes	Hadleigh Hares
45	John Cottiss	Colchester Harriers	46	Deb Stewart	Hadleigh Hares
46	Ker Macrossan	Ipswich	47	Cathy Ragus	Discovery Tri
47	Alan Ashton	Springfield Striders	48	Sue Mckay	Great Bentley
48	Matt Blacoe	Hadleigh Hares	49	Jane Noble	Witham
49	Stuart Mills	Witham	50	Wendy Smalley	Tiptree
50	Tommy Careless	Springfield Striders	51	Lisa Ford	Harwich Runners
51	Don English	Halstead Road Runners	52	Dawn Shilling	Tiptree
52	Kevin Jeffries	Great Bentley	53	Louise Papworth	Harwich Runners

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53	Peter Steadman	53-12			
54	Richard Newman	Harwich Runners			
55	Duncan Chenery	Ipswich			
56	Rob Smith	Colchester and Tendering			
57	Kevin Bownes	Tiptree			
58	Brain Airlie	Hadleigh Hares			
59	Jon Byford	Springfield Striders			
60	Adam White	53-12			
61	Micheal Simmons	Great Bentley			
62	Brad Jones	Ipswich			
63	Julian Catmull	Springfield Striders			
64	Terry Smith	Harwich Runners			
65	Clive Jones	Great Bentley			
66	Anthony Marsh	Springfield Striders			
67	Tom Jarrett	Ipswich			
68	Robin Belson	Ipswich			
69	Robbie Cowling	53-12			
70	Bell Haining	Colchester Harriers			
71	Martin Tullst	Colchester Harriers			
72	Jamie Ash	Great Bentley			
73	Mike Grealy	Halstead Road Runners			
74	Ted Skinner	Tiptree			
75	Tony Wallen	Witham			
76	Chris Green	Great Bentley			
77	Richard Taylor	Springfield Striders			
78	Alex Stuckey	Witham			
80	Ian Coxhall	Ipswich			
81	Robert Matthews	Harwich Runners			
82	Nick Beales	Harwich Runners			
83	Phil Clarke	Tiptree			
84	Gary Eldred	Great Bentley			
85	Peter Coleman	Ipswich			
86	Steve Hunt	Hadleigh Hares			
87	Richard Flutter	Harwich Runners			
88	Dennis Warner	Harwich Runners			
89	Graham Moon	Tiptree			
90	John Sanderson	Colchester Harriers			
91	Paul Carlisle	Great Bentley			
92	Kevin Frost	Colchester and Tendering			
93	Malcolm Bailey	Tiptree			
94	Paul Wheeldon	Springfield Striders			
95	Darren Allen	Hadleigh Hares			
96	Tim Swallow	Discovery Tri			
97	Andy Carter	Halstead Road Runners			
98	Pat Marsh	Colchester Harriers			
99	Nick Ramsdale	Colchester Harriers			
100	Peter Fraser-Hopewell	Harwich Runners			
101	Bryan Smith	Harwich Runners			
102	Dave Milton	Springfield Striders			
103	Matt Davey	Tiptree			
104	Pete Gold	Witham			
105	Seb Gwynn-Williams	Witham			
106	Dan Noakes	Hadleigh Hares			

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107	Colin Short	Witham			
108	Les Leeds	Witham			
109	Tim Boyd	53-12			
110	Julian Cordwell	Harwich Runners			
111	Mark Fibbens	Mid Essex			
112	Paul Crowson	Harwich Runners			
113	Des Bishop	Great Bentley			
114	Matt Kett	Tiptree			
115	Frank Gardner	Great Bentley			
116	Peter Bould???	Tiptree			
117	Trevor Matthews	Harwich Runners			
118	Ian Foskew	Mid Essex			
119	Paul Blackwell	Great Bentley			
120	Martin West	Harwich Runners			
121	Douglas Bettell-Higgins	Discovery Tri			
122	Dave Ingleby	Hadleigh Hares			
123	Ian Linton	Tiptree			
124	Kevin Wright	Springfield Striders			
125	Paul Kerrison	Harwich Runners			
126	Gary Cole	Hadleigh Hares			
127	Colin Harvey	Harwich Runners			
128	Roger Duffield	Tiptree			
129	Stewart Waller	Witham			
130	Roger Duncombe	Discovery Tri			
131	John Mckay	Great Bentley			
132	Gavin Foster	Discovery Tri			
133	Ben Leeds	Witham			
134	Barry Dobson	Tiptree			
135	Keith Porter	Great Bentley			
136	Bruce Hogarth-Jones	Mid Essex			
DNF	Gary Wright	Springfield Striders			